Dear President of IADPO, distinguished colleagues:

First of all, on behalf of nearly 7 million psoriasis patients in China, we are grateful to IADPO for the concern for us! At the same time, we are grateful to you for all the work you have done and the outstanding achievements in 2017 and the past years!

At present, the number of registered members of the Chinese psoriasis patient exchange platform we set up has reached more than 100,000; the established psoriasis patient group exchange platform has basically realized the interconnection with other platforms; the average daily active members of the established psoriasis patient group exchange platform has reached more than 10,000. During more than 13 years of public welfare volunteering operation, we have established a good public image, accumulated a wealth of resources in the psoriasis field and gradually built and improved patient exchange and education platform. In addition, more and more affectionate and enthusiastic patients and volunteers from various industries have joined in to work hard for the large group of psoriasis patients in China selflessly.



In 2016, at the "World Psoriasis Congress" in Vancouver, Canada, we joined IADPO as a representative of the founding member of dermatology patient organizations. In the year 2017, we shared our experiences and achievements of the congress with our members and implemented these excellent experiences in our work.



Note: *Psoriasis Global Report* is edited and published by WHO and its Chinese version is translated, sorted and edited with the help of Psoriasis Patient Mutual Help Website (China); the Chinese version of *Psoriasis Global Report* published by Psoriasis Patient Mutual Help Website (PDF electronic document and Chinese hard copy) has been specially authorized by WHO. The Chinese version of *Psoriasis Global Report* provided and published by Psoriasis Patient Mutual Help Website can be downloaded from WHO's official website.

Over the past year, we organized effective forces in patient organizations and successfully collaborated with WHO in the preparation, translation and publication of the Chinese version of *Psoriasis Global Report* (which can be downloaded from WHO website), and issued 5,000 free copies of the *Psoriasis Global Report* (Chinese version) authorized and published by WHO at the congresses on patient education and psoriasis fields held in various places of China to make psoriasis patients and practitioners in the fields of psoriasis to learn more about psoriasis and the possible health hazards associated with psoriasis. Meanwhile, we follow the *Psoriasis Global Report:* "Patient organizations must adhere to propaganda work to fight for rights and interests for psoriasis patients. They should raise awareness of psoriasis among people who have a collaborative relationship with government and decision makers. Patient organizations need to provide support for psoriasis patients to establish mutual help network and exchange experiences...Patient organizations and civil societies should supervise government and decision makers to implement global commitments to eliminate prejudice against

psoriasis patients", and "Society, not psoriasis itself, has caused the rejection and discrimination against psoriasis patients. Raising public awareness of psoriasis through public welfare activities and condemning discrimination against psoriasis patients to change current situation. Member states need to take active measures including anti-discrimination legislation and the enforcement of existing legislation." We need to combine social practices in China and our previous working experiences to implement report contents into our daily work.

In October 2017, to further promote the development of prevention, diagnosis and treatment of psoriasis in China, and society's awareness and care for psoriasis, we popularized health education of psoriasis to bring benefit to millions of psoriasis patients in China, at the same time, to keep pace with the world's advanced level. We cooperated and assisted Chinese Society of Dermatology to convene the 1st "Chinese Psoriasis Congress", and also carried out the 12th "World Psoriasis Day" Memorial Event, "Dandelion Psoriasis Patients Public Welfare Activities" and "Chinese Dermatology Hundred Psoriasis Experts Face-to-Face Public Welfare Activities". At the congress, the medical professionals interpreted *Psoriasis Global Report*, and on behalf of Chinese psoriasis patients, we pointed out that **psoriasis patient group is** the one that needs long-term caring.

We call for that all experts, scholars and medical professionals who are dedicated in the prevention and treatment of psoriasis and all caring enterprises, social groups, organizations which are concerned about and engaged in psoriasis need to care about the psoriasis patient group of more than 6.5 million people. This is the embodiment of the concept of "Healthy China" in psoriasis, and also the dream of numerous psoriasis patients and social responsibility of patient organizations for many years.

We emphasize that it is necessary to relieve psoriasis patients' mental pain, enhance their living and working abilities under illness, enhance the spirit of mutual help and friendly affection and optimistic living attitude, to adapt them to the demands of work and daily life and improve quality of life; promote the development of academic research on prevention, treatment and control of

psoriasis, improve the treatment methods of psoriasis, raise the level of psoriasis treatment in China so that the patients can get better treatment; raise awareness of psoriasis in the whole society and improve living and working environment of psoriasis patients to bring benefit to psoriasis patients and the society.



During the activities, we organized hundreds of psoriasis patients at different ages from different regions in China to receive free professional medical assistance and voluntary counseling, and arranged special consultations for serious patients or the ones who came a long way, and organized on-site experience exchange and sharing for some psoriasis. In October 2018, we will continue to co-sponsor the 2nd Chinese Psoriasis Congress.



We need to constantly refer to the excellent examples from the international communities and learn from their successful experiences through exchange and sharing to safeguard the rights and interests of Chinese psoriasis patients and serve them better. And we will focus on the following work as the core of our social

practice work:

- 1) Representing the common interests of psoriasis patients, reflecting the opinions and demands of psoriasis patients, serving psoriasis patients whole-heartedly, safeguarding the legal rights of psoriasis patients, and providing suggestions for the government to make relevant decisions;
- 2) Uniting and educating psoriasis patients to comply with national laws, performing their due obligations, encouraging optimistic and enterprising spirits with self-esteem, self-confidence, self-improvement and self-reliance;
- 3) Promoting work such as recovery, education, poverty relief, employment, rights protection, culture and sports, social security, disease prevention, correct treatment and control for psoriasis patients;
- 4) Promoting medical and scientific research on the causes of psoriasis and development of academic research on prevention, treatment and control of psoriasis, improving the treatment method of psoriasis, and enhancing treatment of psoriasis in China;
- 5) Conducting publicity, education, popularization of common sense of prevention, treatment and control of psoriasis, participating in and holding various lectures related to the treatment and control of psoriasis, and improving the comprehensive quality of psoriasis patients to fight disease;
- 6) Organizing various cultural and sports activities beneficial to the physical and mental health of psoriasis patients;
- 7) Recommending volunteers in psoriasis patients and their families, or the professionals working in prevention and treatment of psoriasis, or people who are keen on anti-psoriasis career to carry out public service activities in related fields such as prevention, treatment and control of psoriasis;
- 8) Providing consulting services such as expertise of psoriasis prevention and treatment, medical treatment, recovery, improvement of quality of life and employment for patients, families and parties concerned in the society;
- 9) Promoting the development of psoriasis prevention and treatment at home and abroad through carrying out academic exchanges and cooperation in prevention,

treatment and control of psoriasis at home and abroad

10) Participating in domestic and international exchange activities on behalf of

Chinese psoriasis patients to promote exchange and cooperation between psoriasis

patients at home and abroad.

At the same time, we urgently need members in IADPO to give more

professional guidance and assistance in our work, share and promote the excellent and

successful experiences of each member to provide better services for psoriasis

patients in member states and improve their quality of life and treatment conditions to

create a happy and healthy life!

Best wishes!

Representatives of IADPO:

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Psoriasis Patient Mutual Help Website, China

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SHI XIANGXIANG / GAO WEI

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Attachment: pictures



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017)



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017)



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017)

Representative of psoriasis patient organization is delivering a speech.



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017) "Chinese Dermatology Hundred Psoriasis Experts Face-to-Face Public Welfare Activities"



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017) "Chinese Dermatology Hundred Psoriasis Experts Face-to-Face Public Welfare Activities"



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017)

"Chinese Dermatology Hundred Psoriasis Experts Face-to-Face Public Welfare Activities"





Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017)

Psoriasis patients are watching webcast



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017) Photograph of representatives of psoriasis patients from different regions



Caption: Scene picture of 1st Chinese Psoriasis Congress (CPC2017)

News media and pharmaceutical companies